

Predicting Academic Adjustment and Results of STUNED (STUderen in NEDerland) Students by Self Concept and Self Efficacy

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Abstract. STUNED program (STUderen in NEDerland) is a scholarship program for Indonesian people to study abroad in The Netherlands. This study aims to provide information about the academic adjustment of STUNED students, as well as to relate the degree of adjustment to students' self-efficacy and self concept. The study also examines whether significant differences occur in terms of gender and age. The variables in this study are based on earlier research in academic settings, which point to the importance of academic self-efficacy and academic self concept for academic adjustment. The study was conducted with a questionnaire among the 119 STUNED students who were enrolled in the universities in The Netherlands during the academic year 2004/2005. From these students 100 respondents sent back the questionnaire, a response of 84%. From these 100 students 49 were males and 51 were females. The results show significant and rather high correlations between academic self-efficacy, academic self concept and academic adjustment. The academic results do not correlate with academic self-efficacy. Correlations with academic self concept and academic adjustment were low. Furthermore, there are no significant differences related to age and gender with respect to academic self-concept, academic self-efficacy, academic adjustment and academic results. Further research about STUNED students should be more conducted in order to improve the STUNED program.

Keywords: STUNED students, academic adjustment, academic results, self-efficacy, self concept

Program beasiswa STUNED diberikan kepada masyarakat Indonesia yang ingin belajar di Belanda. Penelitian ini bertujuan untuk melihat penyesuaian akademis penerima beasiswa STUNED yang dihubungkan dengan *self efficacy* dan konsep diri. Penelitian ini juga ingin membuktikan apakah jenis kelamin dan usia juga berpengaruh pada penyesuaian akademisnya. Responden dalam penelitian ini adalah penerima beasiswa STUNED tahun ajaran 2004/2005 yang tersebar di seluruh universitas di Belanda sejumlah 100 orang yang terdiri dari 49 orang pria dan 51 orang wanita. Hasil penelitian menunjukkan adanya hubungan yang signifikan antara *self efficacy*, konsep diri dan penyesuaian akademis. Prestasi belajar tidak berhubungan dengan *self efficacy*. Korelasi antara konsep diri dan penyesuaian akademis juga rendah. Ditinjau dari efek interaksi antara jenis kelamin dan usia maka tidak ada perbedaan yang signifikan terhadap variabel konsep diri, *self efficacy*, penyesuaian akademis dan prestasi belajar. Penelitian lanjutan perlu dilakukan untuk meningkatkan keberhasilan studi penerima beasiswa STUNED.

Kata kunci: penerima beasiswa STUNED, penyesuaian akademis, prestasi belajar, *self efficacy* dan konsep diri

Education is one of the main areas in the cooperation between the Indonesian and the Dutch governments. The cooperation in the educational area has been implemented in several kinds of programs, such as the fellowship program called

STUNED fellowship program (*STUderen in NEDerland*). The STUNED program was established in 2000 and provides opportunities for Indonesian potential students to join master programs, short courses or tailored trainings in The