

Factor Analysis of Husband Involvement in Domestic Work

Francesca Tjubandrio, Listyo Yuwanto, and Soerjantini Rahayu
Faculty of Psychology, Universitas Surabaya

A harmonious marriage requires cooperation and commitment between a husband and a wife in dealing with domestic affairs. Both a husband and a wife, who have been committed to a marriage, should participate in domestic work. A husband who gets involved in domestic work is driven by various factors. The purpose of this study is to explore the factors that encourage husband involvement in the domestic work. Data were obtained from 148 male respondents (23-40 years old) using interview and questionnaire. The respondents have been married and involved in domestic work. The result shows that there are six major factors that encourage husband involvement in domestic work.

Keywords: marriage, husband involvement, domestic work

Pernikahan yang harmonis membutuhkan kerjasama dan komitmen suami istri dalam mengurus rumah tangga. Laki-laki dan perempuan dalam rumah tangga, keduanya haruslah ikut serta dalam kerja domestik rumah tangga. Laki-laki yang mau terlibat dalam kerja domestik rumah tangga didorong oleh berbagai faktor. Tujuan penelitian ini adalah mengeksplorasi faktor-faktor yang mendorong keterlibatan laki-laki dalam kerja domestik rumah tangga. Data diperoleh melalui wawancara, pembagian skala kepada 148 responden penelitian (23-40 tahun) yang telah berkeluarga dan terlibat dalam kerja domestik rumah tangga. Hasil penelitian mengungkapkan bahwa terdapat enam faktor besar yang mendorong laki-laki terlibat dalam kerja domestik keluarga.

Kata kunci: pernikahan, keterlibatan suami, kerja domestik rumah tangga.

One of the developmental tasks that must be accomplished by an individual is to become mature, to be able to take responsibility for her/his own life and gradually find a close friend of the opposite sex who will then become a spouse and begin to form a family in a marriage bond (as cited in Hurlock, 1990). The husband and wife in making adjustments to the marriage requires a mutual understanding, a mutual trust, a mutual support in sharing responsibility of the domestic tasks in order to create balance and harmony in the family. The importance of cooperation between the husband and wife in managing the domestic works is supported by Mossholder (1996); married couples should work together in carrying out domestic tasks in order to create balance and harmony in the family.

Along with the shift from the traditional view to the egalitarian view, nowadays a lot of men are committed to be involved in domestic work. There is an individual

Correspondence concerning this article should be addressed to Listyo Yuwanto, M.Psi., Faculty of Psychology Universitas Surabaya, Jalan Raya Kalirungkut, Surabaya 60293. E-mail: miauw_99@yahoo.co.id

commitment that promotes men to be more involved in domestic arrangements and activities. Husband involvement in domestic work includes cooperation and coordination in the distribution of domestic work load.

The shift of husband involvement in domestic work from the traditional view to an egalitarian view shows that the role of men in the family has become new tradition in this modern society. Individual's external conditions have indirectly made men participate in domestic work. The external conditions certainly cannot be separated from the internal conditions. The external conditions should be based on the individual awareness or the internal conditions that make men feel comfortable in dealing with the changing view. The internal condition is a commitment in developing attitudes and behavior of men involvement in domestic work (Mowday, Porter, & Steers, as cited in Kuntjoro, 2002). Since, the involvement of husband in the domestic affairs is very critical, therefore this study is focused on the factors that play role in husband involvement in domestic affairs, particularly in domestic work.