

# ERGONOMICS IN AVIATION : A MODEL FOR OTHER APPLICATIONS \*)

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I feel very pleased to be here and to talk with you about ergonomics.

Let me tell you little about myself so that you can better understand my perspective on ergonomics. My background is in science-experimental psychology-and aviation-a pilot. I have been involved in both scientific research and flying since the mid-1960's. I managed to combine these two interests in the mid-1970's and I have been working in aviation human factors or ergonomics ever since.

People are sometimes confused by those two terms-human factors and ergonomics. "Human factors" is the traditional

name in America and "ergonomics" is the traditional name in Europe. In Indonesia, and much of the rest of the world, the name ergonomics has become traditional. No matter what is called, ergonomics is the development and application of knowledge about the physical and mental characteristics of the human to make the workplace more productive, efficient, comfortable, safe, error free, and pleasant. Indeed, the "ergo" in ergonomics means "work". As the discipline has developed, however, it has expanded to include all of our environments and activities as well as those associated with work.

## **ERGONOMICS - also known as HUMAN FACTORS**

As an Engineering Discipline and Science Considers  
Human Physical and Mental Capabilities and Limitations  
to make the Workplace and Products:

Productive  
Efficient  
Safe  
Useable  
Error Free  
Comfortable  
Pleasant

*Figure 1.* Ergonomics defined as an engineering discipline

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